

Thank you, Te Whanau Kotahi for allowing us to share our service with your website visitors.



Who we are

ABCD 1st: Addressing Behaviour, Cognition and Development First; wants to see all children reach their greatest potential. We have a particular interest in helping children under 6 who struggle with typical milestone development. We know how important it is to have a good foundation for learning, before undertaking academics.

If your child is struggling with sensory processing, motor skills, language/communication, visual/auditory attention or social skills we are keen to help. You do not need a diagnosis for our service, but we strongly recommend that you get the opinion of a medical practitioner to rule out any potential medical concerns.

What we do

We coach high contact individuals (parents, older siblings, school staff, etc.) with strategies and activities best suited in milestone development for their child. We offer a range of services, for cost. Our most common services include:

- Guided Family Playgroups (GFP): small groups of children with their high contact individuals target specific needs together with the guidance of an ABCD 1st staff member. Groups meet twice a week for two hours a session, over one school term. \$50 per week. Please indicate your interest early.
- Family Training: an ABCD 1st staff will come to you (in home or community). Ideal for tailored needs such as ABA (applied behaviour analysis) programmes. \$150 per 2 hour training.

How to connect

Please call Cara Renna, our Programme Coordinator, for more information: 07 929 7186 or 022 108 1669. Emails are welcome too: abcd1stnz@gmail.com

Lastly, please "like" us on Facebook: <https://www.facebook.com/abcd1stnz>

Here you will find information on activities for milestone development, special needs and early learning activities. Our audience here will one day be invited into a more formal on-line community providing connections, information and services... watch this space.