

Thank you, Te Whanau Kotahi for allowing us to share our service with your website visitors.



### Who we are

ABCD 1<sup>st</sup>: Addressing Behaviour, Cognition and Development First; wants to see all children reach their greatest potential. We have a particular interest in helping children under 6 who struggle with typical milestone development. We know how important it is to have a good foundation for learning, before undertaking academics.

If your child is struggling with sensory processing, motor skills, language/communication, visual/auditory attention or social skills we are keen to help. You do not need a diagnosis for our service, but we strongly recommend that you get the opinion of a medical practitioner to rule out any potential medical concerns.

### What we do

We coach high contact individuals (parents, older siblings, school staff, etc.) with strategies and activities best suited in milestone development for their child. We offer a range of services, for cost. Our most common services include:

- Guided Family Playgroups (GFP): small groups of children with their high contact individuals target specific needs together with the guidance of an ABCD 1<sup>st</sup> staff member. Groups meet twice a week for two hours a session, over one school term. \$50 per week. Please indicate your interest early.
- Family Training: an ABCD 1<sup>st</sup> staff will come to you (in home or community). Ideal for tailored needs such as ABA (applied behaviour analysis) programmes. \$150 per 2 hour training.

### How to connect

Please call Cara Renna, our Programme Coordinator, for more information: 07 929 7186 or 022 108 1669. Emails are welcome too: [abcd1stnz@gmail.com](mailto:abcd1stnz@gmail.com)

Lastly, please “like” us on Facebook: <https://www.facebook.com/abcd1stnz>

Here you will find information on activities for milestone development, special needs and early learning activities. Our audience here will one day be invited into a more formal on-line community providing connections, information and services... watch this space.